



HAPPY,  
JOYOUS,  
& FREE

Slogans, Cliches, & Sayings  
a collection by  
RADAR

WITH ORIGINAL  
ILLUSTRATIONS



# Happy, Joyous, & Free

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We hope that you enjoy this inspirational little book with delightful illustrations. It was written by born again Christian prison inmate Glenn Edward Roop—a.k.a. RadaR. Glenn said, “I am a Christian not because I am perfect, but only because I recognize that I am not. I claim spiritual progress, not spiritual perfection. My heart belongs to God.”

“No sin, no slander, is beyond forgiveness for men, except slander spoken against the Spirit”—Matthew 12:31 (The New English Bible, Oxford University Press, Cambridge University Press, 1970). Glenn reminds us that God can forgive you for your sins and transform your life. We are all sinners saved by Grace.

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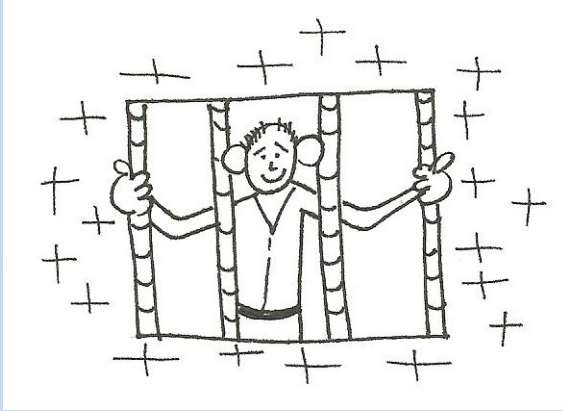


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## Preface



Around October of 2000, while awaiting sentencing at the Gwinnett County Detention Center near Atlanta, Ga., I created the caricature of what now is called “RadaR.” A year later, I was transferred to Jackson State Prison and Diagnostic Center.

One cool fall day I was walking the yard with hundreds of convicted felons at Jackson. A group of men invited me to play volleyball. One of them said I had such large ears he bet I could hear better than RadaR—a character on the 1970’s hit television show called M.A.S.H. The men and I laughed and my new nickname stuck with me since then.



Inmates all over Georgia, family, and friends across the U.S. call me RadaR.

I decided to give my comic friend big-ear-self-portrait the name RadaR too. I have drawn RadaR on just about anything that will receive the mark of my mighty pen.

So now comes this book of slogans, clichés and sayings. I implement these thoughts in my daily life and share them with others in order to share feelings of happiness, joy, and freedom. I encourage you to implement these slogans, clichés, and sayings into your daily thoughts.

Thank you for purchasing Happy, Joyous, & Free. I heard there are over two million three hundred thousand men, women, and children held in U.S. prisons. There is no telling how many in the entire world.

And then there are the prisons we create within our own lives—spiritually, physically, and mentally.

Most of us desire to break those self-inflicted prison bonds—yet we know not how.

I have put together this collection of slogans, clichés, and sayings for you in hope they help break those inner prison bonds so you can obtain your full potential in life.

All it takes is to be honest with yourself, to be open-minded to receive this information, and to be willing to memorize a few and implement them into your daily living. You will experience a transformation of thought, of how you speak, and



your actions will follow as your own prison bonds fall away from you.

You will become happy, joyous, and free. I know this based upon my own personal experience.

RadaR

P.S. I am working on a second book. I would like to hear your suggestions and comments.

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## **Mental Pages**



Your mind is your mind. Only you can control your thoughts. Exercise your mind by thinking good thoughts.

Do you not like the way you feel? Feelings follow thoughts. Changing your thoughts may change the way you feel.

Your immune system is strong when you have positive thoughts.



What you think you are, you will become.



Look in the mirror, look in your eyes, and speak out-loud, “I am a beautiful person, a beautiful creation of love.” Do this every day for thirty days and periodically thereafter.

Communication is the beginning of understanding.

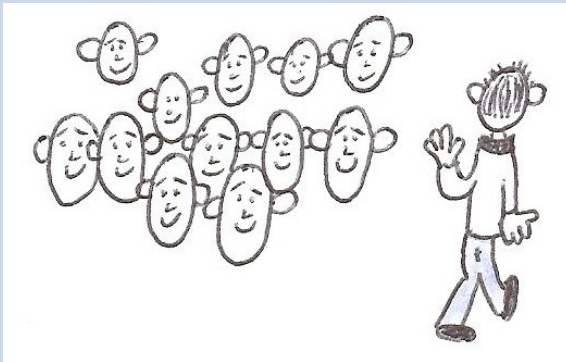
The higher expectations I have of others, the higher my disappointments are.



Nothing remains the same, life continues to change.

Some people think life is greener on the other side of the fence. The truth is that some people tend to their own yards better.

Don't meddle in other peoples affairs. Mind your own business.



As you pass people by, think positive thoughts of them as if you are an angel sending blessings their way.



The human body has three parts—mental, spiritual, and physical. To be balanced, one needs to take care of all three parts.



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The entire book may be purchased at [www.MakingMoneyWork.us](http://www.MakingMoneyWork.us).

Also, it might be available with your favorite eBook distributor.